

Unique 6s Methodology



Shaastra

Do I accept when I don't know enough/
sufficiently about the principles from
the Bhaartiya Shaastras (scriptures)?

How many times do I have a burning
desire, hunger to learn the actual
Principles from the authentic source of
Shaastras?

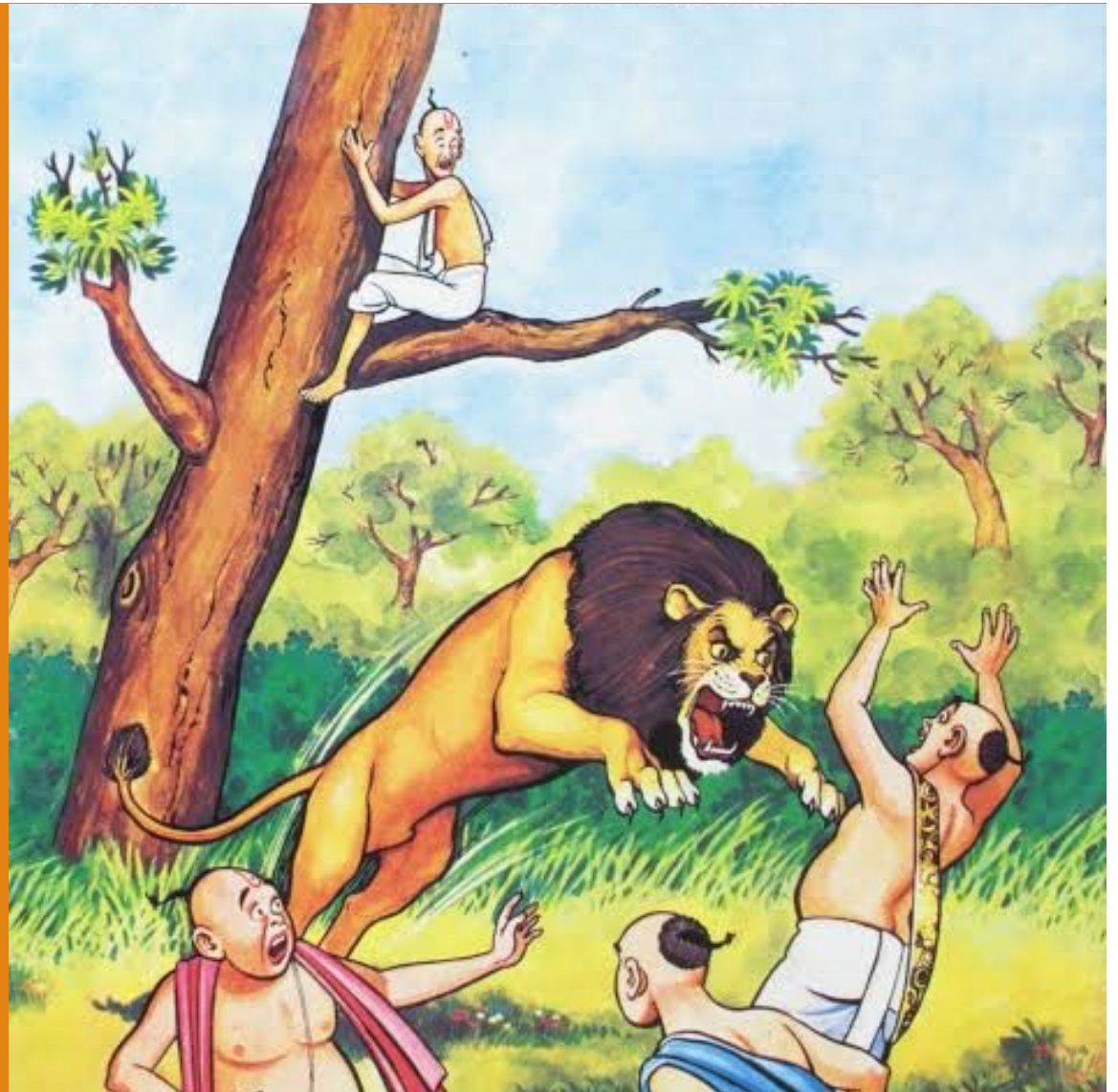


Samvad

How many times do I look at Stories, Characters and the Events or Situations narrated in the stories meticulously?

How can I go beyond the obvious meanings and go deeper into the metaphors being used in the stories?

Do I engage in meaningful conversations with subject matter experts and Mitr?

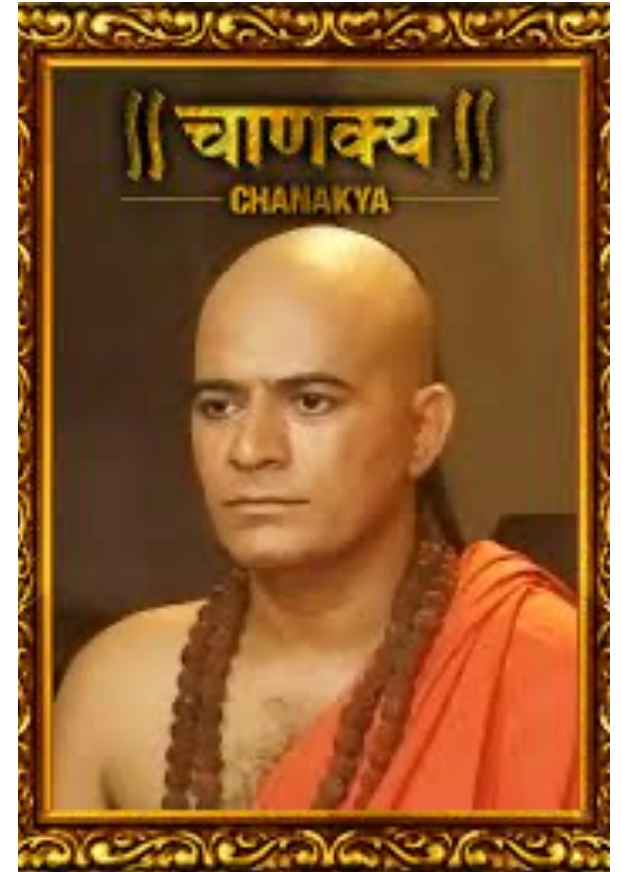


Sabha

How can I consume and absorb Audio / Video content more Mindfully and Effectively?

Do I listen, watch and read with all my senses, intellect and emotion?

Do I make mental or actual notes when I am in the process of ingestion?



Satsang

How many times do I engage in Debates and Discussions with experts from the learning point of view?

How much of detailed and factual analysis I carry out before indulging in discussions or Debates?



Saadhana

What efforts do I take in assimilation of information / data / learning ?

After ingestion of any kind of content, do I come up with my own set of analogies, examples, and associations?



Swaadhyaay

Do I constantly make efforts to apply the learning while solving problems?

Do I see which applications of my knowledge gained are aligned to my purpose?

Do I make deliberate efforts to experiment with the new set of learning and validate it for myself?

Do I look at Knowledge/Learning process as a tool to transform myself than mere intellectual exercise?



Summary

Do I look at Situations/Events/
Anecdotes, Experiences, People, Data,
Information, and Places from the point
of view of how can I learn more and
connect it with Principles from the
Shaastras?

As a Leader, how can I factor in variety
of ways to Developing my Team?

After understanding this 6s
Methodology, How can I ensure
Leadership Development Experience
is wholesome and holistic?

